



# EDVA E-Bulletin

East Dunbartonshire's Third Sector Interface

Spring 2024

We are delighted to be hosting our second Volunteer Fair in 2024. This will be held in the Fraser Centre, Milngavie and we look forward to hosting around 20 organisations who are looking for volunteers.

A blue poster for a Volunteer Fair. It features a central image of several hands stacked together, symbolizing teamwork. The text is white and red on a blue background.

**Volunteer Fair**  
**21st March 2024**  
**1.30pm - 4pm**  
**Fraser Centre**  
**Douglas Street Milngavie**

Explore opportunities and connect with local organisations. Learn new skills or update existing skills. Bring your CV up to date and make it attractive to employers

**82% of hiring managers are more likely to choose a candidate with volunteering experience**

**For more information email [info@edva.org](mailto:info@edva.org)**

A purple and white poster for Volunteers' Week 2024. It features a star logo with a star and the text 'VOLUNTEERS' WEEK'. A purple banner in the top left corner says 'NEW BRAND NEW DATE'. The main text is in large, bold, black letters.

**NEW BRAND  
NEW DATE**

**VOLUNTEERS'  
WEEK**

**VOLUNTEERS'  
WEEK 2024**

**Mon 3rd June - Sun 9th June**

This year Volunteers' Week is going to be even bigger and better than ever to celebrate the 40th Anniversary with a full rebrand and new date! Watch this space!!

# Third Sector Update (CEO Ann Innes)

As I am writing this article for our E-Bulletin (in early March) EDVA are conscious that this is a very worrying time for many Third Sector organisations and community organisations who are waiting to hear confirmation of continued funding from the Scottish Government/ statutory sector. It is frustrating that policies that champion fair work and fair funding do not seem to be translating into tangible action. Year on year greater and greater expectations and demands are placed on our third sector while many organisations are coping with situations where contracts are out of date, where uplifts (if any) do not reflect rising costs, inflexibility on how organisations can spend the money to achieve the desired outcomes, and little funding made available for the core costs that are essential to many to create the basis for a sustainable, effective organisation. Lack of information and delays in payments mean uncertainty for service users, volunteers and staff. This impacts negatively, leading often to loss of continuity and knowledge, as staff move on for greater security or better wages, and this can result in increased costs in recruiting and training new staff and burnout. All of this in turn can detrimentally impact on the people who utilise the services of the sector. While statutory agencies also have challenges around the timing of confirmation of funding their size means that delays are more able to be cushioned than in our sector where most organisations have extremely small reserves. After 30 years working in the sector it feels like little progress is being made in altering this situation.

The Scottish Government confirmed its current commitment to Fairer Funding principles in December in response to a parliamentary question by Colin Smyth MSP, and SCVO are tracking the experiences of voluntary organisations who expect to receive funding from the Scottish Government this coming financial year. SCVO are looking to build a group of such organisations to participate in a monthly survey, running for six months. The survey itself is quick and easy to complete, the results gathered will be kept entirely anonymous, and participation will allow SCVO to document the journeys of organisations until July this year in terms of the relevant correspondence and notifications they are receiving from the Scottish Government. If you are expecting funding from the Scottish Government EDVA would encourage you to participate in this survey. More information can be found here:

[The Scottish Government has promised timely notifications of funding arrangements – help us monitor it! - SCVO](#)

I would also draw attention at the moment to the Scottish Government's current consultation on Disclosure Scotland fees. Some of the proposals being considered have the potential to negatively impact on the Third Sector. Included in the consultation is the proposal to remove the Protection of Vulnerable Groups (PVG) membership fee waiver for volunteers. This would mean that volunteers supporting some of Scotland's most vulnerable people would be liable to pay 40% of the fee for their PVG membership, or organisations picking up that cost – which would be another drain on hard pressed resources. You can read more and respond to the consultation here: [Disclosure Scotland fees: discounting, waivers and accredited bodies consultation - Scottish Government consultations - Citizen Space](#)



# What is the TSI Scotland Network? We are your local TSI

## What is the TSI Scotland Network?



The TSI Scotland Network is a body of charities which support community & voluntary groups, volunteering organisations & social enterprises across Scotland.

There is a Third Sector Interface (TSI) in every local authority area.



### Where's your local TSI?

To find out more, scan the QR code below:



Email: [tsinetwork@tsi.scot](mailto:tsinetwork@tsi.scot)

### What do Third Sector Interfaces (TSIs) do?

TSIs offer advice, information and practical support to local charities and community groups to help them to survive and thrive. This can include assistance with:

- Funding and fundraising, accessing national funds e.g. mental health;
- Setting up/developing a charity;
- Supporting local volunteers
- Training, employment and financial support e.g. payroll;
- How to survive and respond to challenges such as the cost-of-living crisis.

TSIs are increasingly working closely with councils and local partners to support resilience and emergency planning e.g. for health and care and climate related incidents.

Some may deliver services such as Link Workers, social prescribing and digital champions and will ensure local charities are up to date with information on new policies and legislation.

# Organisational Support

Our Organisational Support Team are always here to help!

Please feel free to get in touch, around governance, capacity building, funding and networking.



**Social Enterprise  
Development**

[graham.branscombe@edva.org](mailto:graham.branscombe@edva.org)



**Community Development  
& Engagement**

[luke.emerton@edva.org](mailto:luke.emerton@edva.org) & [joni.mitchell@edva.org](mailto:joni.mitchell@edva.org)



## We have some dates for your diary...

### Training:

**APRIL 25TH** (Online) Beginners Guide to Becoming a Community Group

[Beginners Guide to Becoming a Community Group Tickets, Thu 25 Apr 2024 at 13:00 | Eventbrite](#)

**MAY 9TH** (In Person) Evaluation Workshop for Voluntary Organisations

We are also going to be offering First Aid training, dates to follow

### Networking:

**MAY 2ND** (Online) Children Young People and Families Network—contact Joni Mitchell

All events are listed on our website [Events – East Dunbartonshire Voluntary Action \(edva.org\)](#)

We also have an Organisational Support page on our website which offers useful resources all things support/governance, easy read guides from start-up check-lists, to safeguarding.

[Organisation Support – East Dunbartonshire Voluntary Action \(edva.org\)](#)



# Communities Mental Health & Wellbeing Fund

## COMMUNITIES MENTAL HEALTH & WELLBEING FUND

The Fund contributes to four key areas:

- Promoting & supporting the conditions for good mental health & wellbeing
- Providing accessible signposting to help, advice & support
- Providing a rapid & easily accessible response to those in distress
- Ensuring safe, effective treatment & care of people living with mental ill health

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In partnership with



Scottish Government  
Riaghaidh na h-Alba  
gov.scot

EDVA is a Scottish Charitable Incorporated Organisation (SCIO) Registered Scottish Charity Number SC042983



We have distributed the Communities Mental Health & Wellbeing Fund for Year 3 to groups in East Dunbartonshire. We received over £600K worth of applications and awarded £277K in total. This made the decision making process a difficult one and we would like to thank all the organisations who took the time to complete an application the quality and diversity of projects was very impressive.

We awarded 47 organisations funding of up to £15,000 with the majority of grants being between £2000-£10,000. If you would like to see the organisations we funded you can view at

## [Communities Mental Health & Wellbeing Fund – East Dunbartonshire Voluntary Action \(edva.org\)](https://www.edva.org)

The Scottish Government stipulated priority groups and themes they wanted to see in applications and to tackle mental health inequalities through supporting a range of 'at risk' groups. In East Dunbartonshire we saw an increase in applications supporting people with long term health conditions and diagnosed mental health conditions. We are glad to have awarded organisations supporting the ASN community and carers. We saw excellent examples of Peer to Peer support and living/lived experience within community organisations. There was a range of activities, from crafting, art, gardening, outdoor adventures and counselling support.

The fund has continued to be able to support small 'grass roots' community groups and organisations, and we were pleased to see an increase in applications in this area. EDVA will continue to provide support to organisations who are evolving, with guides to starting up a group and advice and ideas around evaluation support to measure the impact of projects.

Within East Dunbartonshire we encourage collaboration partnership and sharing of ideas, for the 3rd year we will be hosting a Networking event for recipients of the fund to get together and share more about their successful projects. This is taking place on Tuesday 26th of March 4-5.30 at Gavin's Mill and groups can register here

## [East Dunbartonshire Communities Mental Health & Wellbeing Networking Event Tickets, Tue 26 Mar 2024 at 16:00 | Eventbrite](https://www.eventbrite.com/e/east-dunbartonshire-communities-mental-health-wellbeing-networking-event-tickets-702424221212)

# Join our Volunteer Team

Make a difference



## Marie Curie Shop Volunteer Bearsden Minimum Age 16 years

We have exciting opportunities for people to volunteer at our stores! Unlike standard retail outlets, our stores offer a fantastic opportunity to gain experience in all aspects of the retail operation. Our Volunteer Retail Assistants are trained to undertake a wide range of activities including: customer service, operating the till, taking receipt of stock donations, replenishing stock by making sure our rails and shelves are well-stocked, visually appealing and tidy.

Want to improve your CV, meet new people and have fun whilst supporting the work of Marie Curie? Why not consider becoming a Marie Curie retail volunteer? So why not turn your everyday into something that makes a difference.



## Marie Curie Volunteer Check in and Chat Minimum Age 18 years

For those affected by a terminal illness, it can be hard to get support and they might feel lonely. By volunteering as a Check in and Chat volunteer, you'll be matched with an individual who needs emotional support and a chance to chat freely about how they're feeling. This is a Home Based opportunity



## Marie Curie Volunteer Hairdresser/Barber Glasgow Hospice Minimum Age 18 years

Your role will include some of but is not restricted to the following:

- Provide a hairdressing service to patients at the hospice
- Consult staff about which patients would like to use the service
- Chat to patients
- Keep the hairdressing room clean and tidy
- Let staff know about any issues concerning patients well-being
- Help with other related tasks when necessary



## Marie Curie Companion in the Community Minimum Age 18 years

We are looking for volunteers to join our Companion team and support adults affected by a terminal illness in the community. Volunteers will be matched with a person to provide up to three hours a week of company, emotional support and a small amount of practical support. We also accept referrals to provide respite for carers. This is a great role for someone who enjoys meeting new people and would like to be part of making a difference to the lives of people living with a terminal illness and their loved ones.



Help Our Patients Feel At Home



## Marie Curie Companions at Home





# Join our Volunteer Team

Make a difference



## Marie Curie Volunteer Therapist Minimum Age 18 years

We are looking for volunteers to join our Complementary Therapy team and donate their time & professional skills as a therapist to support hospice patients. This role will make a huge difference to the lives of those requiring end-of-life care. Your role will include some of, but is not restricted to, the following;

- Provide a rounded approach to patients and their families to ensure the highest quality of care.
- Be aware of patients diagnosis, treatment and care before giving complementary therapies.
- Able to adapt a therapy when required.
- Continue your professional development to refine or learn new skills.
- Attend any relevant or training sessions held by the Day Care Unit or Hospice.



## Marie Curie Care Home Companion Volunteer Minimum Age 18 years

Marie Curie are launching a new pilot scheme to provide support to care home residents, and we're looking for volunteers to join us in the Springburn area. Your main task will be to visit with the residents who have been identified by the staff in the care home as in need of support, chatting with them, reading to them or helping them to engage in activities they enjoy. This is an exciting new project, and we will also be looking for you to provide us with a very short piece of feedback after each visit. This is an ideal role for someone who wants to make a difference to people at risk of social isolation who live in care homes, and who love working with others



**“Volunteers really are the Stars of the Community”**



**Do you have an indoor or outdoor community space that needs new life? Maybe you're starting a new group growing project and need some guidance?**

Apply to our community initiative – Dobbies Community Gardens – and you could be selected to receive a donation of products, tools and plants to help bring your community space to life. Successful applicants will also receive support over the year to keep their indoor or outdoor space blooming

Apply now: <https://brnw.ch/21wHPeL>



# Our Choose Change Programme

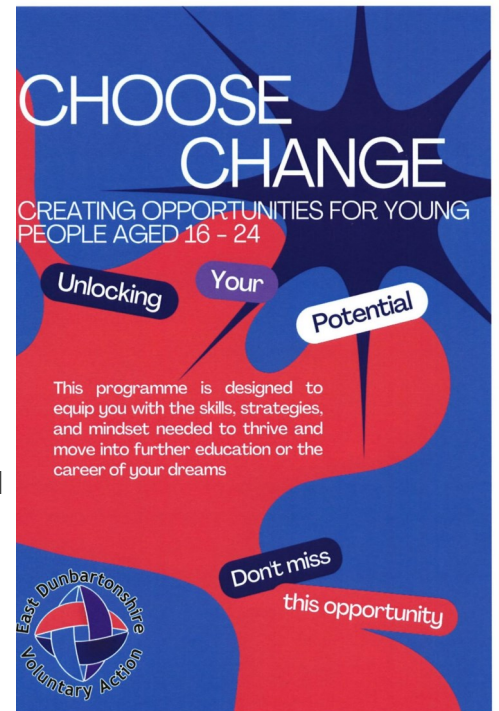
Over the last few months, the Choose Change Programme has supported several new young people to help build their confidence and self-esteem and to support them into volunteering.

The programme which is in place to support young people aged 16-24 years old, who are not in full-time education or employment, has been a huge success with many opportunities for them to engage in. Most recently some of our young people did a Barista Course through Gavin's Mill in Milngavie. Over the course of 5 weeks, they learned customer service, how to make several different coffees, and most importantly, this helped to build their social skills and confidence.

At the minute some of our newest young people have also recently started an employability course which is SQA approved. This is a level 4 course and is beneficial for them to learn new skills about the workplace. They practice mock interviews and learn about their strengths and weaknesses and how they should expect to be treated in the workplace. Other than that, this helps them build communication skills, social skills and how to conduct themselves in a group setting.

We also have badminton on a Tuesday, a walking group on a Wednesday and our gardening group will also be starting up again soon.

Here are some photos of our young people who did the Barista Course and at the event held on the last week.



If you are 16-24 years and not in full time education or employment and would like to join the programme, please contact Mandy Given on 07591178088 or email [Amanda.given@edva.org](mailto:Amanda.given@edva.org)



# Funding



## The Fore Trust

The Fore Trust offers development funding and strategic support to early-stage charities and social enterprises. It makes unrestricted grants of up to £30,000 which have the potential to have a transformational impact on an organisation. For example enabling your organisation to take a step forward in its development or giving you the chance to do something you couldn't before.

Registration will be open for one week from 12pm on 28th March to 12pm on 4th April.

Apply at: <https://thefore.org/application-process/>

## Glasgow Flight Path Fund

Funding awards focus on three key areas:

- Employment - making sure the future workplace is equipped with the skills that society and industry demands. Awards will be given to exciting local projects that can break down barriers to employment through skills development.
- Environment - projects with a focus on protecting and enhancing our natural environment.
- Social and educational projects which are designed to bring positive benefits and to change the lives of people in the communities we serve.

The FlightPath Fund's Committee meets between five and six times per year.

Apply at: <https://www.glasgowairport.com/about-us/flightpath-fund/>

## The William Syson Foundation - Small Grants Fund

Grants of up to £4,000 are available for arts activity including but not limited to visual arts, performing arts, poetry, literature, film-making, music, photography, and digital arts.

Next Application Window is open: 15 - 26 April 2024

Apply at: <https://www.williamsysonfoundation.org.uk/small-grants-fund>

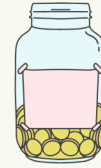
## Funding Scotland

Funding at your fingertips. Find funding for your charity, community group or social enterprise using a free online search engine. From small grants to funding for big capital projects, Funding Scotland provides a search of over 1,200 funding opportunities:

<http://www.fundingscotland.com/>



# Funding



## NatureScot - Nature Restoration Fund

Funded by The Scottish Government, The Nature Restoration Fund encourages applicants with projects that restore wildlife and habitats on land and sea and address the twin crises of biodiversity loss and climate change. The Fund will support a mix of urban and rural-focused projects, such as improving greenspace for outdoor learning, green active travel routes, planting of wildlife corridors and natural flood management. Minimum Award: £25,000 Maximum Award: £250,000

Next deadline: 25 Apr 2024

Apply at: <https://www.nature.scot/funding-and-projects/nature-restoration-fund/nature-restoration-fund-how-apply>

## The Conservation Volunteers - I Dig Trees

TCV with the support of OVO Energy have 12,000 packs of 50 trees to distribute to community groups. All the tree varieties are native UK species and available in packs of 50.

For more info see: <https://www.tcv.org.uk/i-dig-trees-free-trees/>

## Business Support and Funding for Social Enterprises

Free advice helping social enterprises to develop and become more sustainable. This practical business support is targeted at all social enterprises from start-ups to established organisations. Further information is available at [www.justenterprise.org](http://www.justenterprise.org), [support@justenterprise.org](mailto:support@justenterprise.org)

Tel: 0141 425 2939

## Is your community group, charity or social enterprise seeking funding?

The Community Planning Partnership team are holding an information session on the community grants application process; this is a chance for you to come along and gain information on the process, how to complete the forms and mandatory documents required. **Mon 25th March 6.15 PM - 8.15PM in Milngavie Centre, Allander Road, Milngavie, G62 8PN**

To book please confirm via email to the [CommunityPlanning@eastdunbarton.gov.uk](mailto:CommunityPlanning@eastdunbarton.gov.uk)

Also coming soon: **East Dunbartonshire Funders Fair!**

Tuesday 28th of May 5PM to 8PM

There will be opportunities to speak with Funders directly and to attend workshops. Look out for more details coming soon on how to register for the event.

**East Dunbartonshire Funders Fair**  
Tuesday 28th of May 2024  
5pm – 8pm  
New College Lanarkshire  
50 Southbank Road  
Kirkintilloch, G66 1NH

East Dunbartonshire  
Community Planning Partnership



We want your views on how **East Dunbartonshire Health and Social Care Partnership** (HSCP) communicates and engages with residents, patients, carers, staff, communities and stakeholders.

You can have a say via our online survey (external links opens in new window). <https://link.webropol.com/s/HSCPCommsandPESurvey>

The consultation webpage can be found here:

<http://www.eastdunbarton.gov.uk/HSCP-comms-consult>



East Dunbartonshire HSCP regularly communicates and engages with residents and people who are supported by us, or who work with us, so that they know more about our work and services. We also use communications to help engage with people when planning and delivering our health and social care services.

All responses will inform the review, refresh and update of the Communications and Participation and Engagement Strategy for 2024-29.

The survey is aimed at anyone who is an East Dunbartonshire resident, a patient, a service user, a carer or who is supported by our services. We also want to hear from employees and third/independent sector partners.

**The survey should take around 10 minutes to complete and will be open until 31 March 2024.**

If you have any questions or would like to request a printed copy of the survey (or an alternative format), please contact Anthony Craig by email [Anthony.Craig@ggc.scot.nhs.uk](mailto:Anthony.Craig@ggc.scot.nhs.uk)

# PUBLIC MEETING



## TORRANCE MEN'S SHED

would you like to help make it happen?

### What is a Men's Shed?

Men's Sheds (or Sheds) are similar to garden sheds – a place to pursue practical interests at leisure, to practice skills and enjoy making and mending. The difference is that garden sheds and their activities are often solitary in nature while Men's Sheds are the opposite. They're about social connections and friendship building, sharing skills and knowledge, and of course a lot of laughter.

### Meeting Information

**When:** Saturday 23rd March at 10.30am

**Where:** Torrance Victoria Bowling Club, just off School Road

**With:** Guest Speakers from East Dunbartonshire Voluntary Action and Local Men's Sheds



or





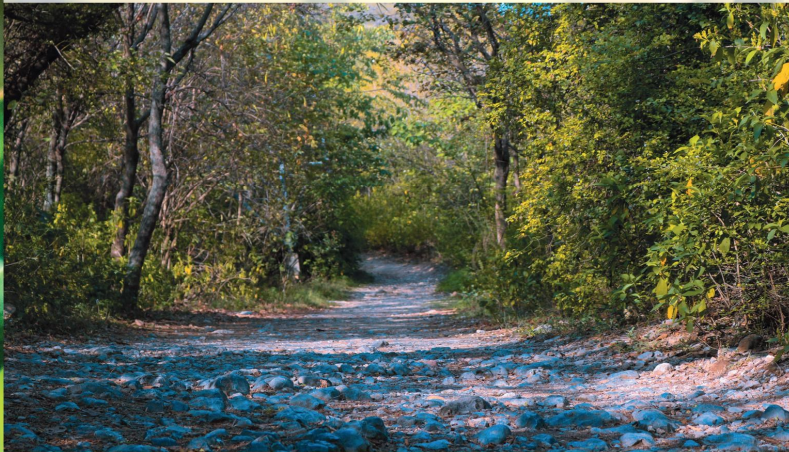


**CAFE**

presents...

# Spring into Health

THIS APRIL THE RECOVERY LIFE CAFÉ WILL BE ENCOURAGING PEOPLE TO LOOK AT WAYS OF IMPROVING THEIR PHYSICAL & MENTAL HEALTH.



**SATURDAY | 6th April 2024 | DOORS 5PM**

Join us for an evening of food, fellowship & light entertainment!

A warm invitation is extended to you to join us at the Recovery Life Café!

This is a non-denominational monthly event & EVERYONE is welcome!

Held in: Kirkintilloch Baptist Church  
52 Townhead, Kirkintilloch G66 1NL

[recoverylifecafe@gmail.com](mailto:recoverylifecafe@gmail.com)



The Recovery Life Café is now a registered Playlist for Life Help Point which means that we can play an important role in the community sharing resources and materials for the Playlist for Life Charity, come along this month to learn more and how listening to your favourite music can boost your mental health and wellbeing.

Find us on Facebook!  
For regular updates  
& event information...



# RECOVERY LIFE CAFE





# Have your say and guide the way for the **A803!**



## ***Residents! Businesses! Groups!*** ***Have your say on a busy route through Bishopbriggs and North Glasgow.***

Plans are being developed to improve the A803 corridor – aiming to create active travel links and prioritise buses to better connect key retail, regeneration, health and education facilities.

In 2022, the Council consulted on key issues and opportunities.

We are now asking for views on the emerging options.

Visit [www.eastdunbarton.gov.uk/A803-stage2](http://www.eastdunbarton.gov.uk/A803-stage2)  
between **11 March and 21 April 2024.**



Alternatively, come along to an in-person drop-in event on **Thursday 21 March at Bishopbriggs War Memorial Hall – Balmuildy Road, G64 3BS – between 1pm and 7pm.**

Whether you live in East Dunbartonshire or Glasgow – have your say and help to ensure the project develops in line with the needs of local people and businesses.

The A803 Corridor Improvements Project is part of the Council's £34.88 million Place and Growth Programme—supported by the UK and Scottish Governments through the Glasgow City Region Deal.



## Carers Link East Dunbartonshire Appeals for Volunteers

**Volunteering offers a chance to have a positive experience, enhance wellbeing and develop skills-**

**Volunteering opportunities with Carers Link East Dunbartonshire are now available and the charity is keen to invite people interested that live in East Dunbartonshire to find out more.**

Now in its 20<sup>th</sup> year, Carers Link has supported over 6,600 carers of all ages in the local community and provides a range of crucial services ranging from information and practical support, to one to one support and carers support groups.

As well as working with adult carers, the charity offers support to young carers from age 5-25. Carers Link work closely with local schools and provide core services that include emotional support, wellbeing, information and advocacy, holiday breaks and activities.

Founded in 2004, 2024 marks the 20th Anniversary of Carers Link looking after unpaid carers in East Dunbartonshire.

**Jennifer Roe CEO of Carers Link East Dunbartonshire said:** “Volunteering with Carers Link offers a great opportunity to meet people, learn new skills, gain confidence and have a positive experience that can enhance wellbeing by giving time.

“We offer various roles that might suit graduates, students, people in between jobs or those returning to work or anyone with extra time to spare. We ask you to give one to two hours per week and training will be provided. Volunteering is a great opportunity to build confidence and to give time to support unpaid carers, children and adults in the community. Anyone interested can get in touch by emailing [enquiry@carerslink.org.uk](mailto:enquiry@carerslink.org.uk).”

**Volunteering with Carers Link is mostly flexible to suit your availability, although most volunteers give a commitment of around two hours per week to support the following services:**

**Helping at our Carer Café Support Groups /Provide telephone befriending or catch-ups with carers/Fundraising volunteers**

**Administrative support /Walk Leaders /Carers Link Board Members**

### **Sarah, a Carers Link Tech Volunteer is supporting carers to get online and improve technology skills.**

How are you supporting carers? I am helping carers to get online, and set up and use technology including computers, tablets and smartphones. Our sessions are one to one and take place in the carer’s home, the Carers Link office or sometimes elsewhere like the local library.



What is the time commitment per week? 1 to 2 hours

What training have you had? A training session about Carers Link as an organisation, its people, activities and aims. This included ‘Switched On’, the project tech buddies work on. Also a session on how to use the Carers Link database.

What experience do you need? A tech buddy does not require formal IT qualifications. You need to be comfortable with smart technology and be able to pass on those skills to others and be keen to support carers to become digitally confident. The role is a befriending role with a focus of enabling carers to connect with technology, friends, family and other carers.

Why have you become a volunteer? Having been a carer myself, I know how caring responsibilities can leave carers stressed and isolated. Being online and connected helps carers to feel and be in touch with others and helps improve their wellbeing. Being a part of this is very rewarding.

What are you aiming to get out of being a volunteer? I enjoy getting to know new people and want to use the spare time I have to do something useful and beneficial to others. I enjoy the teaching and learning aspect of being a tech buddy, and am learning more myself about technology in the process.

What would you say to anyone thinking about becoming a volunteer? Go for it! You will get more out of it than you put in. You will also meet new people and enhance your skill set.

**Further information [www.carerslink.org.uk](http://www.carerslink.org.uk) or Email [enquiry@carerslink.org.uk](mailto:enquiry@carerslink.org.uk)**





**Marjorie's 107 mile trek for Carers Link East Dunbartonshire –Funds raised go directly to support services for young and adult carers living locally**



**This April, East Dunbartonshire's Marjorie Thoms will set off to complete an epic Coast to Coast trek from Kirkby Stephen, Cumbria through the North Yorkshire Moors to Robin Hood's Bay. Having completed the first half in 2023, Marjorie is walking 107 miles to raise much needed funds for Carers Link East Dunbartonshire.**

Now in its 20<sup>th</sup> year, Carers Link is supporting around 1500 carers in the local community each year, and provides a range of crucial services ranging from information and practical support to one to one support and carers support groups.

Working closely with East Dunbartonshire schools, the charity offers invaluable help to young carers aged from 5 to 25, with core services that include emotional support, wellbeing, information and advocacy, holiday breaks and activities.

**Commenting on the challenge Marjorie Thoms said:** "I have been a dedicated volunteer with Carers Link for over 7 years, and I am truly inspired by the incredible work they do to support unpaid carers in East Dunbartonshire. This challenging journey spans a total of 107 miles, taking me through breathtaking landscapes over 2 weeks.

"I invite you to join me on my walk by supporting my fundraising campaign for Carers Link. Your generous donations will directly impact the lives of carers in East Dunbartonshire, providing them with the resources they need to continue their vital role while also ensuring they receive the support they deserve. Carers Link provides invaluable assistance and support to those who selflessly care for their loved ones without any financial compensation".

2024 is the 20<sup>th</sup> anniversary of Carers Link looking after unpaid carers in East Dunbartonshire. There will be a series of special events and fundraising activities to mark the occasion this year.

**Jennifer Roe, Chief Executive Officer of Carers Link East Dunbartonshire said:** "Marjorie's epic walk is inspiring and we will be cheering her on to raise much needed funds for young and adult carers locally. Our services are now more important than ever in reaching carers. Donations and fundraising as well as partnering with businesses make a difference to being able to deliver our ongoing services." Together, we can all make a difference and show our gratitude to these remarkable individuals who dedicate their lives to caring for others. Please consider making a donation here [Marjorie Thoms is fundraising for Carers Link \(justgiving.com\)](https://www.justgiving.com/MarjorieThoms) to help create a brighter future for carers in our community.

**Carers Link East Dunbartonshire welcomes fundraising and partnerships with local businesses and can provide employers talks to help identify carers at work that need support. If you are interested in discussing further, please contact Veronica at Carers Link on 0800 9752131.**

[veronica@carerslink.org.uk](mailto:veronica@carerslink.org.uk) or donate directly [online](#).





# ROOM & DESK HIRE

**DID YOU KNOW THAT WE HAVE ROOMS/DESKS AVAILABLE FOR HIRE FOR AN HOUR OR A DAY**



**TRAINING ROOM**



**BOARD ROOM**



**CONFERENCE ROOM**



**DESKS**



**For more information  
[www.edva.org/room-hire](http://www.edva.org/room-hire)  
or Email: [info@edva.org](mailto:info@edva.org)**

Our meeting rooms are bright, versatile, multi-purpose and have disabled access. We offer multimedia equipment, flip charts and our pens are free of charge.

We acknowledge that hire of meeting rooms should be as affordable as possible. We understand that in the voluntary sector every penny really matters, therefore our hire costs have been kept to a minimum.

Room	Hire Period	Standard Pay Rate	Voluntary Sector Rate	EDVA Membership Rate
Board Room (seats 10)	Hourly	£12	£10	£7
	Daily	£40	£33	£27
Training Room (seats 18)	Hourly	£19	£15	£12
	Daily	£85	£70	£56
Conference Room (seats 40)	Hourly	£25	£20	£17
	Daily	£105	£80	£65

Our meeting rooms are available for hire from 9am to 5pm, however out with these times a small janitorial fee will be added to the cost at £15 per hour.

Beverages can also be provided at £1.20 per head for tea & coffee and £1.30 per head for tea, coffee & biscuits

Catering: A list of local suppliers is available on request. No hot food is permitted.



Help us to get bonus donations! Sign up to easyfundraising and turn your online shopping into free donations for EDVA (East Dunbartonshire Voluntary Action)! When you've raised £7.50, easyfundraising will match it. It's a fantastic, free, and easy way to help support our cause while you shop your favourite brands. Sign up: <https://join.easyfundraising.org.uk/edva/ysn7m4/c2s/DGH03ryU/CE823/facebook/>





**Upcoming webinar**

**Book now!**  
26 March 2024

## SCOTTISH COMMISSION FOR PEOPLE WITH LEARNING DISABILITIES

Invitation to Webinar: International Perspectives on Building Inclusive Communities, Tuesday 26 March, 10.00am–12.00pm. Speakers from Scotland, England and further afield share examples of what helps communities to be inclusive, welcoming and robust. This is the second in our series of International Perspectives webinars. Click here for info and to register on website <https://www.sclld.org.uk>

# EASTIES IS BACK!

EVERY WEDS STARTING 24TH JANUARY  
2024 AT KIRKINTILLOCH TOWN HALL, 6-8PM!

Easties is an **LGBTQ+ youth group** for 13–25s in East Dunbartonshire, and a safer space for workshops, games, making new friends as well as getting 1:1 support. **Sign Up** by scanning the QR code!

For more info contact:  
[infobox@lgbtyouth.org.uk](mailto:infobox@lgbtyouth.org.uk)



# British Sign Language Plan 2024 – 2030

The Council has produced a second draft British Sign Language Plan – which aims to deliver our ambitions to make East Dunbartonshire a great place for deaf, deafblind and BSL users to live, work and visit – and residents are being encouraged to comment on it.



**Review the draft plan and have your  
say by Sunday 28 April.**



[www.eastdunbarton.gov.uk/BSL-consultation](http://www.eastdunbarton.gov.uk/BSL-consultation)



## Health & Wellbeing Volunteer Co-ordinator

We are recruiting a part-time Health & Wellbeing Volunteer Co-ordinator. The role will recruit, train and co-ordinate dissemination of the East Dunbartonshire Health and Wellbeing status information which has been gathered through the NHS Greater Glasgow and Clyde Adult Health and Wellbeing Survey. The dissemination of the information will be delivered through Health & Wellbeing volunteers within communities and then to support small projects that arise as a consequence of that engagement.

This post is advertised on Goodmoves and you can check out at

<https://goodmoves.org/vacancy/a4sP1000000FjNIA0/health-wellbeing-volunteer-co-ordinator?distance=16.09344&keywords=east%20dunbartonshire>

**Closing Date is 31st March 2024**

**EDVA (East Dunbartonshire Voluntary Action )**

**T: 0141 578 6680 E: [info@edva.org](mailto:info@edva.org)**



**East Dunbartonshire VoluntaryAction**



**<https://twitter.com/EastDunVA>**

**This document can be made available in different format if required.**

**Just contact us through any of the above.**

**Registered Scottish Charity No. SCO42983**