

EDVA E-Bulletin

East Dunbartonshire's Third Sector Interface
Winter 2023 Edition



**Wishing you a Merry
Christmas & A Happy
New Year**

From Ann and the EDVA Team



Partnership Development Team & Office Administration

Luke Emerton, Joni Mitchell, Graham Branscombe & Janice Young



Volunteer Development Team & Youth Guarantee Team

Lorraine Moir, Pauline Bowers & Mandy Given

**OUR OFFICE WILL BE CLOSED FROM 1PM ON FRIDAY 22ND DECEMBER AND
REOPEN ON WEDNESDAY 3RD JANUARY 2024**



2023 has been an extremely busy and productive year for us here at EDVA. It seems like no time since we were issuing Year 2 of the Communities Mental Health and Wellbeing Fund Awards in February and now our team are in the thick of things again, providing the assessment panel with all the information they will need to make the decisions on awards for Year 3.

We know that 2023 has been a challenging year for many organisations and those challenges look likely to continue in 2024. Our team have been continuing to work hard to offer information, advice and training on a huge range of topics and to ensure productive linkages between the Third Sector and statutory organisations. Thank you to everyone who contributed to our survey earlier this year. We will be using the findings to help ensure that in 24/25 we use our resources most effectively to meet our vision of a thriving third sector in East Dunbartonshire. We are fortunate to have so many community organisations, charities and social enterprises in East Dunbartonshire working tirelessly to meet so many needs within our communities. Thank you to each one of you who contribute your time, skills, funding and resources whether as volunteers, staff or funders.

Wishing you a happy festive season!

Ann, Graham, Janice, Joni, Lorraine, Luke, Mandy and Pauline



EDVA Conference October 2023 : Making a Lasting Difference

Our 2023 Conference was a great success with over 60 people attending, from a variety of organisations including a wide range of third sector agencies (both local and national) as well as community groups, representatives from community councils, representatives from East Dunbartonshire Council, officials from the Health and Social Partnership (HSCP), volunteers as well as elected members and a variety of other services.

You can access our Keynote Speaker's slides on our website (Graeme Reekie, The Lasting Difference) <https://edva.org/news/edva-conference2023-lastingdifference>



Volunteer and bring Christmas Cheer!

FESTIVE FOOD DELIVERIES DRIVER CHRISTMAS EVE

MINIMUM AGE: 18 YEARS

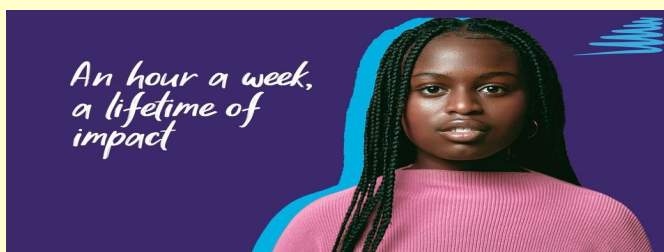
SILVER STAG OF SCOTLAND ARE LOOKING FOR VOLUNTEER DRIVERS ON CHRISTMAS EVE TO DELIVER MEALS TO THOSE IN NEED IN YOUR COMMUNITY.

You will play a crucial part in delivering meals to those in need within our community. Your primary responsibility will be to ensure the timely and safe delivery of festive meals to individuals and families in need, contributing to a sense of community and togetherness.

You must have your own transport available. Deliveries will be picked up from a local community kitchen, packed into your vehicle and delivered around East Dunbartonshire.

Responsibilities:

- Pick-Up: Collect pre-packaged meals
- Delivery: Deliver meals to recipients within the community.
- Friendly Interaction: Provide a warm and friendly interaction with meal recipients, promoting a sense of community and support.
- Adherence to Guidelines: Adhere to all safety and hygiene guidelines to ensure the well-being of both volunteers and recipients.
- Reporting: Report any concerns or issues encountered during deliveries promptly to the designated coordinator



MCR PATHWAYS — WHY NOT MAKE A NEW YEAR RESOLUTION TO VOLUNTEER?

Are you looking for a rewarding and inspiring volunteer opportunity in East Dunbartonshire? MCR Pathways are looking for mentors to support a young person in a local high school for an hour a week.

A mentor is someone who takes time to listen to and encourage their young person to persist and achieve.

In short, our volunteer mentors help young people to realise their full potential.

Mentors and young people are carefully matched based on their likes, personality and life-experiences. We are looking for mentors in Bearsden Academy, Bishopbriggs Academy, Boclair Academy, Douglas Academy, Kirkintilloch High, Lenzie Academy, St Ninian's High and Turnbull High.

SO WHY NOT SPREAD SOME CHEER THIS FESTIVE SEASON AND SIGN UP TO MENTOR A YOUNG PERSON IN ONE OF OUR LOCAL SCHOOLS

For more information or to register to volunteer email volunteer@edva.org



COMMUNITIES MENTAL HEALTH & WELLBEING FUND FOR ADULTS



Our Year 3 of the fund closed for applications on the 23rd of November 2023, we received a staggering 65 applications totaling £603,000.

As a TSI we have £278,000 of funding available to us from the £15 million Scottish Government funding. We have started the process of thoroughly scoring every application. To oversee this process we have a local advisory panel who have a wealth of experience both professionally and lived of mental health and wellbeing within the third sector community. This panel will have the final say on the application approval. The decision making process will not be an easy one! We have received applications from a wide variety of third sector groups making a big impact in East Dunbartonshire.

We are pleased to see more applications for grassroots organisations, including some small unconstituted groups. Themes coming through from the applications are focusing on long term health condition or disability, Diagnosed mental illness and supporting women in the community. We are seeing more peer to peer support and group activities tackling loneliness and isolation. It has been good to see more projects focusing on inclusivity and addressing inequality.

Applicants will be emailed a final decision by 13th of February 2024 and funds will be paid out by end of March 2024, or before if possible. If you have any questions about the fund please contact joni.mitchell@edva.org.

Some highlights from Year 2 of the Communities Mental Health & Wellbeing Fund 6 month evaluations!





Scottish Government – Local Support Fund Micro Grants

LSF Micro seeks to offer financial security for grassroots and community-based groups delivering frontline services to support people who or have used drugs, people in recovery and/or families affected by someone else's drug use. Applications are invited to constituted groups and organisations with an annual income of up to £50,000 that can apply for between £1k-£20k per year for up to three years. <https://www.corra.scot/grants/local-support-fund-micro-grants-national-drugs-mission-funds/>

The National Lottery Community Fund – Scotland

The National Lottery Community fund covers a range of funding streams supporting a wide range of activities for people with a diverse range of needs. For projects of between £300 and £20,000 requiring funding for up to two years visit <https://www.tnlcommunityfund.org.uk/funding/programmes?max=10000&location=scotland>

Or, if you project requires funding of £20,000+ for up to three years visit <https://www.tnlcommunityfund.org.uk/funding/programmes?max=10000&location=scotland>

BBC Children in Need (CIN) Grants Programme

CIN grant programme now comprises two separate funding streams: core costs funding and project grants. Each stream offers up to three years funding for organisations working with children and young people aged 18 years and under, who address their challenges, and build their skills and resilience. Grants of no more than £40,000 per annum, or £120,000 over three years are available.

<https://www.bbcchildreninneed.co.uk/grants/apply/>

The Robertson Trust

Grant applications are assessed a rolling basis for charities with an income of up to £2million that address poverty and/or trauma in their communities. There are different fundings streams depending on organisational turnover and applications must fall into one of the following themes: financial security, emotional wellbeing and relationships, educational pathways or work pathways. <https://www.therobertsontrust.org.uk/funding/>

Aviva Community Fund

The Aviva Community Fund aims to build stronger and more resilient local communities, and every application by a charity, CIC or community group is judged on improving either climate action or personal financial wellbeing. Match funding is offered for each donation, with a cap of up to £50,000. Money may be spent on operational costs as well as capital expenditure or project overheads. <https://www.avivacommunityfund.co.uk/eligibility-criteria>

MORE FUNDING OPPORTUNITIES AVAILABLE ON OUR WEBSITE
<https://edva.org/funding>



The Gannochy Trust

The Gannochy Trust provides funding to registered charities to inspire and develop young people throughout Scotland. The Scotland wide funding will cover project costs; there are two grants:

Small- up to £10,000 per year for up to three years;

Main- up to £30,000 per annum for up to three years

Next deadline: 5 Jan 2024 <https://www.gannochytrust.org.uk/our-grants/>

Tesco Stronger Starts Grants

The scheme is open to all schools, registered charities and not-for-profit organisations, with priority given to projects that provide food and support to young people. It provides grants of up to £1500. Every three months, three local good causes are selected to be in the blue token customer vote in Tesco stores throughout the UK. <https://www.greenspacescotland.org.uk/grant-funding>

The Turtleton Charitable Trust

The Trust makes grants to charities which work to advance arts, culture and heritage: the Trustees particularly favour heritage and the visual arts, but other aspects of the arts and culture will be considered. The vast majority of grants are made in this field. The Trustees will also fund a small number of projects which provide support of the disadvantaged and the advancement of education. Minimum award is £5,000; maximum award is £25,000

Next Deadline 31st of December 2023

<https://www.turcanconnell.com/the-turtleton-charitable-trust>

See Me - Anti-Stigma Arts Fund

The Anti-Stigma Arts Fund supports arts projects in any medium that aim to tackle mental health stigma and discrimination. The project can be based anywhere in Scotland and can be carried out at any time before December 2024. The fund is open to constituted groups and organisations.

Minimum award: £500

Maximum award: £5,000

Next deadline: 21 Jan 2024

<https://www.seemescotland.org/priority-groups/the-arts/anti-stigma-arts-fund>

Kiltwalk

Registration is now open for Killtwalk's 2024 events:

The first Kiltwalk of the year takes place in Glasgow with a choice of three Kiltwalk challenges – 23, 14 or three miles - on 28 April 2024, followed by Aberdeen on 2 June, Dundee on 11 August and finishing with Edinburgh on 15 September. Register at:

<https://www.thekiltwalk.co.uk/>

Volunteering

A promotional poster for a Volunteer Fair. The background is dark blue with a white speech bubble containing text. The text reads: "Save the date", "Are you looking for new volunteers?", "Volunteer Fair.", "Tuesday 30th January 2024", "10am - 12 noon", "2pm - 4pm", and "Explore opportunities and connect with local organisations." There is an image of several hands stacked together in a circle, and the East Dunbartonshire Voluntary Action logo is in the bottom right corner of the poster.

Save the date

Are you looking for new volunteers?

Volunteer Fair.

**Tuesday 30th
January 2024**

**10am - 12 noon
2pm - 4pm**

Explore opportunities and connect with local organisations.

On Tuesday 30th January EDVA will be hosting a Volunteer Fair in their office at 18 Townhead, Kirkintilloch. This will be your opportunity to showcase your organisation and talk to potential volunteers. There are two slots available for you to book a table: 10am – 12noon or 2pm – 4pm.

This event is primarily for organisations operating in the G64, G65 & G66 post code areas who are looking for new volunteers. Another event will be planned for organisations in the G61, G62, G63 post code areas and more information will be available early 2024.

Tables will be allocated on a first come first served basis and if the event is oversubscribed we will arrange another event to accommodate those organisations who missed out.

Put the date in your diary and if you would like to book a table please email info@edva.org

It's always lovely to receive feedback from one of the local groups that we have assisted in recruiting volunteers -

“EDVA have been pivotal in supporting our groups to source suitable volunteers for a range of the clubs run through the Local Area Coordination Team and the Outreach Team, both of which sit within Social Work Day Services. The process for writing and uploading adverts has been straight forward and both Pauline and Lorraine have been in regular contact – forwarding on potential volunteer’s contact information as well as checking in to see how they have been getting on.

We now have a range of volunteers helping us to improve the lives of our neurodiverse community in a number of social settings including our social clubs, our women’s group, our bowling group and our Spectrum Film club. Without the support of EDVA we would have struggled to recruit the calibre of volunteers that we have.

I would be happy to chat further about the benefits of recruiting volunteers through EDVA”

Ashleigh Grant-Ng (Team Leader, Local Area Coordination Team/Outreach Team)

Festive Lunch Delivery Available

East Dunbartonshire
**FESTIVE
LUNCH
DELIVERY**

24th December 2023



We will be providing Festive meals to support individuals and families - delivered to their doorstep on Christmas Eve!

Please get in touch to refer today.

Click [this link](#)
Call 0845 528 0040 or
Email festive@silverstag.scot





Winter Warmers Flyer to Share



EAST DUNBARTONSHIRE INFORMATION LINE

Winter warmers

Throughout the winter months, there are a range of groups running for those feeling isolated at home: places you can go to meet friends and to keep warm.

Contact the Team at OPAL for more information about these:

0141 438 2347

MAIL@OPALEASTDUN.ORG.UK

For further information, please visit:

www.opaleastdun.org.uk



The Young Person's Guarantee (YPG) is a programme that is run through EDVA to help young people build confidence, reduce isolation and start some volunteering. The goal after they have volunteered for a few months is to look at supporting them into employment or further education.

Through this year we have had many different projects running such as gardening at the back of our office, a walking group and our EDVA Project on a Tuesday. This is just an informal catch up where the young people choose what they want to do. It can be playing monopoly or other games, speaking about confidence or anxiety or anything at all that the young people suggest that day.

Most recently the young people had a stall at St Mary's for their Christmas Fayre which worked out really well. They baked and along with some donations from the public, EDVA staff and sold their cakes. They also held raffles which all worked out well.

Hopefully moving forward there will be some more places for our young people to visit, to sell their cakes and practice their baking skills.

This year has been a great success and I would like to thank all the young people for their hard work and for trying out all the new things on offer through this programme.

I am really proud of all the young people and how they are starting to believe in themselves and move on in their lives.

The Young Person's Guarantee is aimed at 16-24 year olds who are not in full time education or employment and who would like to build confidence and move on in their lives.

If you want to join the YPG or know someone who could benefit from joining, please contact our Youth Volunteer Development Officer

Mandy Given on 07591 178088 or email Amanda.given@edva.org for a referral form.

**Merry Christmas and Happy New Year
from all at the Young Person's Guarantee**



TRAINING



FREE training:

Fully funded CPD sessions available for Third Sector organisations

Third Sector Interface and Youthwork

We have taken into account the wider Scottish Curriculum Framework and recognise that positive pathways for young people are not always based in schools. There is a great amount of youthwork through programmes, and SES are offering our CLPL sessions to Third Sector Interfaces and organisations who work with young people. If you are an organisation providing pathways for young people and would like to take advantage of our Free CLPL session, please email for free tailored support and resources.

contact@enterprisingschools.scot

Enterprise and Learning for Sustainability

Explore the opportunities available that are both sustainable and enterprising, building partnerships and networks for community engagement and citizenship, and providing opportunities that add value to the economy, society and the environment.

For more information on training events available:

<https://enterprisingschools.scot>

SCOTLAND'S ENTERPRISING SCHOOLS

Developing Enterprise Skills Through Learning for Sustainability

An in-depth session exploring ways in which educators can embed enterprise through key sustainable frameworks and explore the networks available to achieve this.

Suitable for those currently underway with their enterprise education journey in schools, and college lecturers.

Discuss the scope and impact of enterprise education and explore where it can fit within the curriculum and wider education policies, LFS and SDGs.

Weaving the golden threads of enterprise, skills development, and sustainability in the curriculum framework.

What our session can do for you:

- Develop your understanding of enterprise education.
- Understand where enterprise links into the curriculum and policy.
- Understand where enterprise links into Learning for Sustainability and the Sustainable Development Goals.
- The role of education institutions in talent acquisition and human capital.
- How to explore your network of partners in the entrepreneurial ecosystem.

When will our sessions be held?

- Monday 5th February
- Wednesday 6th March
- Monday 22nd April
- Thursday 9th May
- Thursday 13th June

Book Now

East Dunbartonshire Women's Aid



We heard from the wonderful womens of RAWS (Remembering the accused witches of Scotland) RAWS campaigns to raise awareness of ordinary women and men who were accused of witchcraft during a dark period in Scottish History. It was heart breaking to hear what these women had to endure and the cruelty used against women. This event was part of the 16 days of Action Against Gender based violence (25th Nov- 10th Dec) EDVA were proud to be part of the event which was held at the Town Hall in Kirkintilloch. If you are interested in more information you can visit

[Scottish Witch Trials | Remembering the Accused Witches of Scotland \(raws.scot\)](http://raws.scot)

EDVA also took part in the East Dunbarton shire Women's Aid Christmas Appeal this year and we want to thank everyone at Women's aid for the amazing work being done to support women and their families.

[East Dunbartonshire Women's Aid - East Dunbartonshire Women's Aid SCIO \(edwa.org.uk\)](http://edwa.org.uk)

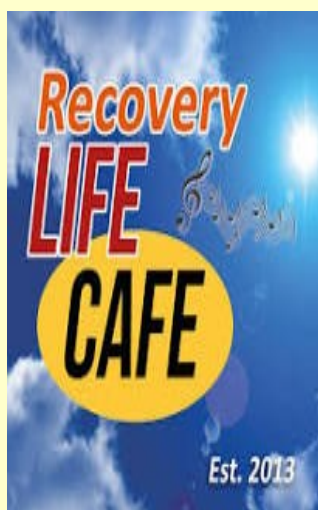


This year instead of our Secret Santa, EDVA staff and colleagues made a donation to the local Women's aid.

Recovery Life Café East Dunbartonshire

On Saturday 2nd December we had our Christmas Winter Wonderland themed event at the Kirkintilloch Baptist Church and attended by 70 people and was great to see them having fun and enjoying themselves in the social night once again.

A special thanks to the volunteers who worked so hard in the kitchen to provide us with a delicious Christmas meal. Thanks also to our servers and those who helped to set up the hall and clear up at the end of the night it was very much appreciated.



Community and more ...

FORTHCOMING EDVA NETWORK

UP NEXT IS THE OLDER PERSON'S NETWORK

EDVA's next Network will take place on **Thursday 25th January 2024, 1pm-2pm 2024** and will cover Health & Wellbeing of Older People within East Dunbartonshire. Virtually on Microsoft Teams. To join copy this link in your browser to attend <https://edva.org/events>

DESK SPACE AVAILABLE TO HIRE AT OUR OFFICE IN TOWNHEAD KIRKINTILLOCH —HOURLY, DAILY, WEEKLY!

Do you work from home now but miss the buzz of the office environment?

EDVA have desks for hire at an hourly rate which you can book in advance. You would have access to existing facilities, all you need is your laptop, phone and coffee/tea etc.

T: 0141 578 6680

E: info@edva.org



EAST DUNBARTONSHIRE VOLUNTARY ACTION

OFFICE SPACE RENTAL

Existing Facilities:

- ✓ Kitchen and Toilet Facilities
- ✓ Meeting Room (additional cost)
- ✓ Free WiFi
- ✓ Waiting Area for guests

BOOK NOW

0141 578 6680
info@edva.org

EDVA (East Dunbartonshire Voluntary Action)



Telephone: 0141 578 6680 E: info@edva.org

East Dunbartonshire Voluntary Action



<https://twitter.com/EastDunVA>

New Website: www.edva.org

This document can be made available in different format if required. Just contact us through any of the above.